

The Green Hand



These mittens were inspired by none other than our fragile planet Earth. On the back side, the patternless mitten illustrates confusion and instability. Once you open your hand, perhaps to lend a helping green hand, the pattern shows simple and straight flowery lines.

Sizes

Size will mostly depend on the weight of your yarn. For size Medium (8.5 in.), choose a yarn with a 19-20 sts / 4 in. For size Large (9.5 in.), select a yarn with a 17-18 sts / 4 in. Sown in M, knit with a 19 sts / 4 in. yarn.

Keep in mind that colorwork knitting tends to tighten your tension and knitted fabric.

Yarn

The original Green Hand mittens were knit with Phildar's *Quiétude* (98 yd / 1.76 oz.)

- 1 skein MC (Black)
- 1 skein CC (Iris)

(These quantities should be enough for any given yarn and size.)

Needles and Notions

For size M: One set of DPN size 4 (3.5 mm) for ribbing and another set of DPN size 5 (4.0 mm) for hand and thumb.

For size L: One set of DPN size 5 (4.0 mm) for ribbing and another set of DPN size 6 (4.5 mm) for hand and thumb.

Adjust size of needles for correct gauge.

Waste yarn or safety pin.
Stitch markers if wanted.



Gauge

Size M [L]: 26 [23] sts = 4 in. in colorwork stockinette stitch.

Explanations

Cuff

With smaller needles, cast on 54 sts using MC and distribute evenly on dpn. (13 and 14 stitches if you work with 5 needles or 18 if you work with a set of 4.)

Knit in the round (be careful not to twist!) in k1, p1 ribbing for 2 in. (or desired length*).

Add a stitch marker (if wanted) on the first stitch of the round.

Hand

With larger needles, knit one round in MC.

Start knitting using chart (below) reading each round from right to left.

For right mitten, on the 15th round of chart, k1, cast on 9 sts. Run waste yarn through the next 9 sts (on the 14th round). Continue chart knitting.

For the left mitten, on the 15th round of chart, k17, cast on 9 sts. Run waste yarn through the next 9 sts (on the 14th round). Continue chart knitting.

Finger Tip

Starting on the 41st round of chart, decrease on each round as following:

k1, ssk, k until last 3 sts before opposite side, k2tog, k2, ssk, k until last 3 sts before end of round, k2tog, k1.

When there's only 10 sts of MC left, break yarn and graft sides together.



Thumb

Put the 9 live sts on needle. With mitten facing, pick up 11 sts (2 sts between round to avoid gaps + 9 sts from cast on).

Distribute the 22 sts on 3 needles.

Continue chart knitting.

Starting on the 14th round of chart, decrease on each round as following:

k1, ssk, k until last 3 sts before opposite side, k2tog, k2, ssk, k until last 3 sts before end of round, k2tog, k1.

When there's only 4 sts of MC left, break yarn and run yarn through sts.

Weave all ends.

* Since ribbing is knit using MC, you will probably need 2 skeins if you plan on knitting longer cuffs.

Charts

